

INSIDE IVANHOE

Ivanhoe Primary School Newsletter

Issue 7 — 14th March 2019

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From the Principal.

Dear Parents and Community,

Doing some professional reading around eSafety and how we can protect students led me to a site with useful information for parents and carers.

Technology is such an important part of growing up today rather than just leave a link I thought it worthwhile to headline this week's newsletter. Read on.

eSafety

Parents and carers play an important role in helping children to develop digital intelligence — the social, emotional and practical skills needed to successfully navigate the digital world.

Even for preschool children, it is never too early to instil good habits, and as your child gets older it is useful to keep reminding them of these basic digital intelligence principles: respect, empathy, critical thinking, responsible behaviour and resilience. These are also principles you can emphasise with your child when things go wrong.

How to build digital intelligence

Promote respectful communication

- Encourage your child to use the same positive manners and behaviour they would use offline, understanding that others may have different cultures, backgrounds or points of view. If it is not OK to say or do something face to face, it is not OK online.
- Remind them to avoid responding to negative messages and to tell you or another trusted adult if they receive them. Tell them it is OK to report others who are not being nice.
- Emphasise the positives. For example, 'I know what a kind and respectful person you are, and it makes me so proud to see you acting the same way when you're online. You are such a great friend — I can see how much everyone looks up to you at school.'

Encourage empathy

- Help your child to imagine being in someone else's shoes, so they can relate to diverse opinions and understand what might make people behave in different ways.
- For example, you might say something like: 'I noticed that Sam seemed a bit sad when she came over yesterday. Have you noticed anything? What do you think is wrong? Would that make you sad? What can we do to help?'

Teach them to question

- Encourage your child to think critically about what they see online. Teach them to ask questions so they can identify content or messages that may be misleading or exploitative.
- Talk to them about 'fake news', or false information that is designed to look like a trustworthy news report, and how quickly it can spread on social media. Teach them to fact check news sources and do their own independent searches on issues, so they can see the variety of opinions on a particular issue and make up their own mind.

Term 1

Friday 15 th March	Friendship Friday
Friday 15 th March	Free Dress Friday
Sunday 17 th March	Working bee- Foundation and friends
Monday 18 th March	School Photo Day
20 th – 22 nd March	Grade 4 Camp
Monday 25 th March	Foundation students start full time
Thursday 28 th March	Parent helper program 9:15 am and 7:00 pm
Friday 5 th April	Last Day Term 1

- Remind them to be careful when making new friends online as people may not be who they say they are. We are increasingly seeing 'Finstas' (fake Instagram accounts) and other impersonation accounts. So it is important to question whether what they are seeing online from their friends is real or not. If it seems out of character, it could be from a fake account.
- Alert your child to the dangers of meeting someone in person that they have been talking to online. Advise them to never arrange to meet an online friend unless a trusted adult is with them and it is during the day in a public space.
- Refer to our advice on avoiding [unwanted contact and grooming](#).

Encourage safe and responsible behaviour

- Work on achieving a healthy balance in your child's online and offline activities and set boundaries for digital device use in your home. Find out how in [time online](#).
- [Remind](#) your child of the importance of safeguarding personal information that can be used to identify or locate them.
- Explain why they should be suspicious of unsolicited messages and emails, and avoid clicking on pop-up ads on websites. Some pop-ups that seem safe can lead to inappropriate sites or ask for personal or financial information. Find out more in [taming the technology](#).
- Help them configure the strongest privacy settings on all the social media apps and sites they use. It is best that only their circle of friends can view their information, tag them in a photo or share posts. Get them to check their settings regularly as updates can sometimes change them back to the default. Read more about privacy settings in the [eSafety Guide](#).
- Ensure your child uses strong passwords on devices and accounts, and explain the importance of not sharing passwords, even with friends. See [protect your personal information for](#) advice on setting strong passwords.
- Find more advice in [privacy and your child](#).

Help them build resilience

- Keep your cool if your child experiences a negative experience online. Remember, the choices they make as they navigate difficult situations can help them learn. Our [2017 'State of Play'](#) research shows round six in ten young people were able to identify some positive impacts from a negative online experience.
- Remind your child that they can screen who they accept as online 'friends'.
- Make sure they know how to block and report users or pages on the sites they use.
- If they have a negative online experience, find out how they are feeling about it, offer support and encourage them to keep things in perspective at the same time.
- For example, you might say: 'What that person has done is not OK. They must be feeling pretty bad about themselves to treat you like this. How are you feeling? Let's block them to stop their messages coming through.'
- Build your child's confidence and encourage positive ways of thinking — looking on the bright side, thinking rationally, understanding that difficult times are a part of life but there is help and support available.

Want to know more <https://www.esafety.gov.au/parents/skills-advice>

Friendship Friday 15th March.

Tomorrow is a **National Day of Action** against bullying and violence which highlights the importance of the Respectful Relationships Education. Respectful Relationships Education is part of the new Victorian Curriculum. The Personal and Social Capability and Health and Physical Education outline the progression of topics in an age-appropriate, research-based manner.

One aspect of our Wellbeing program at IPS is the explicit teaching of the Social and Emotional Capability through our supporting programs, such as **You Can Do It**, assisting our students in the development and support of these skills.

Last year, we acknowledged this **National Day of Action** with a **Day of Kindness**, which the Grade 5 students took on board. The Grade 6 Level organised for the whole school to use their bodies to spell the word kindness on the oval which was photographed and published.

This year we will celebrate this **National Day of Action** with **FRIENDSHIP FRIDAY!**

Tomorrow is also **Free Dress Friday**

As part of our continuing support of Student Voice, Leadership and Agency the Junior School Council has elected for Friday the 15th of March as Free Dress Friday. There is the opportunity for one such day per term.

Free Dress Friday is about choice, however the following need to be observed:

1. A school hat must be worn for all outside activities.
2. Open toed shoes, thongs etc are a hazard and are not to be worn.
3. Sleeveless tops are not sun smart and are not to be worn.
4. Uniforms must be worn for all excursions and inter-school sports.
5. Common sense applies and your help as parents in determining this is requested.

Literacy Initiative – Street libraries



10 of them will be arriving shortly and will need to be assembled and painted. A couple of parents from each year level (Not each grade) will work with a small group of students to personalise a library.

The stands (or footing) will be assembled later from a template / plan.

If you can help build these kits with a group of students return the slip below or contact the office (or myself) with a contact number and the year level of your child and I'll be in touch.

Be a part of something powerful and lasting.

Name _____ Contact Number _____

Child's name and Year Level _____

Encourage reading and a love of books.

Working Bee – Sunday 17th 9am - 12pm

Dear Parents and Guardians of our wonderful new Foundation students, it's time to roll up your sleeves and come help make a difference to the way our school looks.

For those parents new to the school "welcome"!

On Sunday a small group of parents and teachers that make up the Facilities Committee will be spending several hours tidying, cleaning and doing maintenance in and around the school grounds.

Each year level starting with foundation will be responsible for supplying volunteers to come along and help throughout the year.

If you have a few spare hours this Sunday please come along and help," many hands make light work"!

Bring along a plate for morning tea!

See you around 9.00am.

Cheers and thank you on behalf of the Facilities Committee (Steve McKay).

GRIP Student Leadership Conference



32 of our semester 1 student leaders were lucky enough to get to attend the GRIP Student Leadership conference at the Melbourne Convention Centre on Wednesday 13th March. Along with hundreds of student leaders from schools around the state, our IPS leaders were introduced to what it means to be a student leader. They learnt about how to develop themselves to lead and how to make a difference to; their team, their school and to society. They played fun games with a purpose, watched movie clips to decipher the four core character traits of leaders, and they confidently interacted with and questioned leaders from other schools on their journey of self discovery. A question and answer session rounded off the formal part of the day and

teachers were so impressed with the maturity and wisdom of the questions. The day culminated in a dance-off and finally each student leader came away with their own leadership pathway.

Grateful thanks to the PFA who supported this valuable event by providing the funds for each student to attend. We look forward to hearing our student leaders enthusiastic ideas about how they will make a difference and how they will develop their skills to confidently lead with humility, to be others focussed, to develop empathy and reliability.



Volunteer Drive!

So many wonderful things that happen at school, can only happen with the assistance of families. We are currently seeking volunteers in the following areas:

Canteen

- Do you have an hour, or day, to spend in the canteen? You can help weekly, fortnightly, monthly, or on special days – whatever works with your schedule.
- Your kids LOVE seeing you there!
- There's lots of things you can help with
 - o Cooking (come in and cook up a homemade special!)
 - o Serving at recess and lunch
 - o Shopping
 - o Packing lunches
- **Contact Jenny** in the canteen and talk to her about how you would like to be involved – in person, or by phone on 9499 1880

Parent Rep

- Each class requires a parent rep to be a central point of communication
- Being a Fair year, parent reps will be communicating information to the class, but they don't necessarily have to run a stall. The Fair is being organised differently this year, to take pressure off families – so if this was holding you back from being Parent Rep – don't let it!
- Parent Reps might organise a couple of social events for the class throughout the year
- The role doesn't have to take up too much time, but you will need to send emails to the class families
- **Speak to your child's teacher** if you are interested

Tips to Help your child succeed at school.

NUMERACY – HELPING YOUR CHILD TO WRITE

Talking about maths

It is important for children to develop specific language skills related to maths. Visits to the playground, or helping at home, provide rich and meaningful contexts to develop these skills. It might take time for your child to use these terms and language effectively, but exposure to this mathematical talk is a strong support for future learning.

Some activities to develop mathematical language:

- Use specific terms when asking for items. For example, ask your child to get the 'one litre' milk bottle from the fridge, or the 'one kilo' bag of flour from the cupboard.
- When cooking, talk about different measurements used, such as teaspoons, millilitres, litres, and cups. Discuss ideas about empty and full.
- As you walk, talk and play together describe your child's movements as they climb 'over' the fence, slide 'between' the poles, and swing 'under' the monkey bars. This helps your child understand language related to spatial awareness.
- Sorting activities support your child to understand concepts such as 'same' and 'different'. Use recycling as an opportunity to sort items to place in the rubbish. For example, paper, plastic, food waste and general waste.

Bike Education at IPS

One of the many extra-curricular programs running at our school is the Bike Ed program. The purpose of Bike Ed is to enable students to:

- Gain knowledge and understanding of the road traffic environment and the road rules
- Develop the physical and cognitive skills to manage the road traffic environment safely as a cyclist
- Develop responsible behaviours, attitudes and decision-making skills for the safe use of bicycles both on and off the road through participation in enjoyable learning experiences relevant to their ages and abilities.
- Bike Ed inspires children to develop their bicycle riding skills and their physical capability. Other benefits include enhanced health, fitness and wellbeing, confidence and independence and learning and social development.



Remember that school photos are on Monday 18th March and there will not be an assembly.

Friendship Day and JSC Free Dress Friday is tomorrow (15th March)

We need Canteen Volunteers and Class Parent Reps.

There is a Working Bee for Foundation Parents this Sunday. (17th March)

Thank you.
Mark Kent (Principal)



Confidence



Independence



Persistence



Resilience



Respect

Year 6 Soccer Tournament

On March the 8th I.P.S boys soccer team competed in the soccer round robin. We walked up to Cartledge Reserve and competed against St Bernadette's, Alphington Grammar School, Buckley House, Mary Immaculate, St Johns, Ivanhoe East and St Anthony's.

Game 1: We played St Bernadette's and won 3 – nil!

Game 2: It was a close game against Alphington Grammar School. It was 0 – 0.

Game 3: Good game against Buckley House. We won 1 nil.

Semi Final: It was another close game against Ivanhoe East. It came down to penalties and we scored more penalties and won.

Grand Final: It was a tough match against St Johns. Unfortunately we lost 1- 0.

It was a great effort from the IPS team and it was a fun day. Thanks Mr Bull for coaching the boys.

